

Guidelines for the autumn class 2020

Due to the COVID-19 pandemic the following guidelines apply for autumn 2020 at Odder Højskole.

Please refer to the Health Board's guide "COVID-19: Prevention of infection spread" from 10 May 2020 and other relevant guidelines from the health authorities:
<https://www.sst.dk/en/Udgivelser/2020/COVID-Forebyggelser-smittespredning>.

Odder Højskole's guidelines have been specially prepared following a note from the Folkehøjskolernes Forening (ffd.dk) in Denmark from July 3, which has been consulted by the National Board of Health and the Danish Working Environment Authority.

In order of priority, the key elements in preventing the spread of infection are:

1. isolation of people with symptoms and tracking close contacts
2. hygiene, focusing on cough etiquette, hand hygiene and contact points
3. limiting contact, focusing on distance, frequency, duration and physical barriers.

Based on FFD's guidelines and the National Board of Health's general guidelines, we at Odder Højskole introduce the following rules for a the autumn class of 2020. **The rules can be reviewed during the period if new, central guidelines are issued.**

General precautions

- Our students are organized in groups according to the corridors. The groups contains of 20-32 students. The distance recommendations aren't necessary to uphold for the students within the same group.
- None of the teachers or other employees are part of these corridor groups and have to keep a distance of at least one meter to the students and each other.
- When students leave the school e.g. for shopping, they must comply with the applicable guidelines for the rest of the community, including recommendations on distance and constraint restrictions.
- Students are encouraged to transport themselves to Højskolen by car (with a driver from their own household), to reduce the use of public transport.
- Students are not allowed to have guests spending the night at Odder Højskole. Any guests a student may have, has to be allowed by the vice headmaster, Emil.
- We encourage all students to have a Corona test before they come to Odder Højskole.

Cleaning and hygiene

- Students will always wash their hands in their rooms before participating in classes, and also before every meal and when they're using the toilets.
- Students must always use their own toilets in their rooms. The toilets must be cleaned daily.
- The usual common toilets is now employee toilets and will be divided into groups. The toilets must be cleaned twice daily.
- Every student room must be ventilated 10 minutes twice a day
- Every contact surface on the Højskole must be cleaned daily with water and soap, e.g. door and windows handles, power outlets, light switches, table surfaces and so on. In student rooms this must be done twice a day. Workshops and classrooms at the teacher's instructions after each class.
- Toilets and sinks in the 50-corridor will be divided by room numbers and they must be cleaned twice a day.
- Showers must be swabed and luminaires wiped of with a paper towel after use.
- Trash cans must be emptied at least once a day and before they are filled.
- Indoor common areas is cleaned daily
- Hand sanitizers will be in all work shops, classrooms, entrance points and in the dining hall.

Socialising and teaching

- The general recommendation of 1 meter of distancing is in place for the classes – For activities with a high amount of drop release, e.g. common singing, a recommendation of 2 meters of distancing between members of different corridor groups must be upheld.
- Students must wash or sanitize their hands between room changes.
- Sports activities with physical contact can be carried out if attention is towards the other recommendations - especially regarding hygiene and prevention of contact infection.
- Tools must be cleaned between every use. An alternative is personal tools.
- While socializing outside of the corridor group the recommendation of 1 meter of distancing must be followed to the furthest extend.
- There will be situations or activities where the recommendation of 1 meter of distancing can not be followed. In these situations there must be an additional attention towards the general recommendations of hygiene.
- Students are not allowed to visit other student's personal rooms if they're not from the same corridor.

Regarding the kitchen and meals

- In each corridor group students are picked for serving the food from the buffet to the other students from the group.
- The corridor groups will have their own tables and they eat at these tables for their entire stay.
- The home teacher eat in the dining hall and obtain 1 meter's distance to the students
- All other teachers and employees don't eat in the dining hall and obtain 1 meter's distance between each other. Teachers and employees go to the lunch buffet between 11:50 and 12:00 and use gloves.
- Every student should get a water bottle to drink from during the day

Regarding sick students and employees

- Students and employees that have symptoms of COVID-19, has to go home as soon as possible
- If a student or an employee have symptoms of COVID-19 and cannot leave immediately, they go into isolation at the school until it's possible to go home
- Students or employees cannot return to the school until COVID-19 has been ruled out by a test or 48 hours after the symptoms have stopped.
- If a student is diagnosed with COVID-19 everyone has to go home and can only return with a negative COVID-19 test.
- You will be considered as infected, if you are tested positive for COVID-19 – even if you don't have any symptoms. In this instance you have to stay at home for 7 days after you've been tested and here after you'll be considered healthy. This goes for both students and employees. If you develop symptoms within these seven days, 48 hours have to pass without symptoms (and at least the 7 days) before you can return.

Especially vulnerable students

- Unfortunately we don't have the opportunity to make special corridor groups for students who consider themselves to be extra vulnerable in terms of COVID-19. It's recommended that the student tries to stay at least 2 meter apart from everyone at the school – this includes the students from his or her corridor group. Either that or cancel the stay.